

**FOREGATE**  **CHAMBERS**  
**(Barrister Clerking)**

**SHEILA ALY**

Sheila was called to the Bar in **2002** and is a Member of Lincoln's Inn



***Specialisations :***

- Civil
- Employment
- Family
- Immigration
- Mediation (Commercial and Family)

***Qualifications :***

Law LLB, BVC, Civil & Commercial Mediation (CEDR accredited), Family Mediator (ADR Group accredited)

***Profile :***

Sheila specialises in Employment, Family and Immigration work. In relation to employment work, she deals with all aspects of contentious and non-contentious employment law, including but not limited to Discrimination, Unfair Dismissal, advising on compromise agreements, TUPE issues, and drafting contracts. Sheila has won some significant cases on behalf of her clients, including the widely publicised Stacey Macken v BNP Paribas (discrimination and equal pay), which has inspired the #metoopay movement backed by the Financial Times. She has also been asked to comment on employment law related subjects on various media outlets such as BBC Radio 4, Bloomberg and The Guardian. In relation to her family practice, Sheila deals with all aspects of divorce, ancillary relief and children's matters.

Sheila is also an accredited mediator for civil, commercial and family matters, and has trained hundreds of mediators around the world.

Sheila often assists her clients from the very outset of their claims, and is regularly praised for her down to earth, sensitive, yet practical approach. She works closely with her clients in order to ensure that they achieve the best possible results and so that they feel fully supported along the way. Her strong client relationships have meant that she receives a lot of referrals and repeat business.

Sheila is accredited under the **Public Access Scheme** for direct instructions.

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